



A Specific- Spinal Adjustment is the Latest Development in the Science of Treating Drug Addiction.

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A pioneering effort between New York Chiropractic College and Bridge Back to Life addiction center to offer spinal adjustments for reducing pain and improving brain/nervous system function in patients recovering from drug and alcohol dependency. This press release was written by a neurologist who is advocating for chiropractic and how the adjustment has significant benefits not just with addiction, but other health concerns as well.

- In a study published in the prestigious journal Nature it speaks of chemically dependent patients who received spinal adjustments as part of their treatment and it was reported that “less drug cravings and fewer mental health symptoms occurred,” as reported by Dr. Surasky. He also went on to note that, “most significantly 100% of the study patients who received chiropractic care completed the inpatient program, while about half of those who did not receive spinal adjustments dropped out prior to completion.”
- The brain’s limbic system becomes hijacked by drugs such as opioids and alcohol. The limbic system is located near the brain stem and also extends into the upper cervical spine. “It is the most powerful driver of human behavior and is precisely the area that becomes hijacked by drugs of abuse, thereby perpetuating patient’s cravings to keep using the drugs” states Surasky
- The Atlas bone (C1) is what protects the brain stem and limbic system. A misalignment of this vertebrae can have far reaching effects on the function of the brain and its limbic system. Safe, painless adjustments to the upper cervical spinal bones can help normalize the brain’s limbic system.
- According to Dr. Surasky, “Cutting edge research done by Dr. Raymond Damadian (Inventor of the MRI machine) has shown that misalignments at the top of the neck can cause disruptions in the flow of cerebrospinal fluid (CSF)” The brain is bathed in CSF and the brain depends on CSF to carry away the iron deposition that builds up from normal brain metabolism. If a misalignment exists between the Atlas bone (C1) and the skull, this can hinder the drainage of CSF.”
- Researchers have hypothesized that upper cervical spinal adjustments can also help prevent neurodegenerative diseases such as Parkinson’s and Alzheimer’s disease.